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Asia-Pacific Menopause Federation (APMF) 10th Scientific Meeting 2025

held in conjunction with the

Malaysian International Conference on
Menopause & Women's Health (MICOM & WH)

20 MMA CPD Points

Scan Here For Details



Royale Chulan Kuala Lumpur Hotel

25-27 July 2025 (Fri-Sun)



info@apmf2025malaysia.org.my



+60 16-601 8178 (WhatsApp only)

Objectives

The **Asia-Pacific Menopause Federation (APMF)** is committed to advancing women's health, particularly through the menopause transition and post-reproductive years. Our key objectives are:

1. **Promoting Best-Practice Health Care** - APMF works globally, with a focus on the Asia-Pacific region, to support and enhance access to high-quality, evidence-based healthcare, ensuring women achieve optimal health and well-being during midlife and beyond.
2. **Ensuring Equitable Access to Knowledge and Care** - APMF strives to provide all women in the Asia-Pacific region with easy and equitable access to reliable, evidence-based information and healthcare services. This will empower women to make informed decisions about their midlife health.

By championing these objectives, APMF aims to improve health outcomes and enhance the quality of life for women across the region.

Organising Committee

Organising Chair	Dr Ho Choon Moy	Malaysia
Organising Committee	Prof Dr Ang Seng Bin	Singapore
	Prof Dr Unnop Jaisamaran	Thailand
	Prof Dr Qi YU	China
	Prof Dr Masakazu Terauchi	Japan
	Prof Dr Sunila Khandelwal	India
	Prof Dr Zaida N Gamilla	Philippines
	Prof Dr Zinnat Ara Nasreen	Bangladesh
	Prof Dr Mee-Ran Kim	South Korea
	Dr Sonia Davison	Australia
	Dr Harsha Atapattu	Sri Lanka
	Dr William Ng Chet Wei	Malaysia
	Dr Chen Jo Yee	Malaysia
Scientific Chair	Dr Ho Choon Moy	Malaysia
Scientific Co-Chair	Prof Dr Nik Hazlina Nik Hussain	Malaysia
Scientific Committee	Prof Dr Jamiyah Hassan	Malaysia
	Prof Dr Yung-Chieh Tsai	Taiwan
	Dr Enkhee Sodnomdorj	Mongolia
	Prof Dr Chen Rong	China
	Dr Anditha Namira Rezky Sitompul	Indonesia
	Prof Dr Rubina Hussain	Pakistan
	Dr He Thanh Nha Yen	Vietnam
	Prof Dr Manee Rattanachaiyanont	Thailand
Strategic Communications Director	Chan Li Jin	Malaysia
Secretary	Eleen Ong Bee Suat	Malaysia
Treasurer	Mr Goh Boon Kok	Malaysia
IT Manager	Dr Shawn Peh	Malaysia
Secretariat	Pantai Hospital Cheras	Malaysia

Organising Committee



Organising and Scientific Chair
Dr Ho Choon Moy



Scientific Co-chair
Prof Dr Nik Hazlina bt
Nik Hussain

Organising Committee



Prof Dr Ang Seng
Bin



Prof Dr Unnop
Jaisamaran



Prof Dr Qi YU



Prof Dr Mazakazu
Terauchi



Prof Dr Sunila
Khandelwal



Prof Dr Zaida N
Gamilla

Organising Committee



Prof Dr Zinnat Ara
Nazreen



Prof Dr Mee-Ran
Kim



Dr Sonia Davison



Prof Dr Harsha
Atapattu



Prof Dr William Ng
Chet Wei



Prof Dr Chen Jo
Yee

Scientific Committee



Prof Dr Jamiyah bt
Hassan



Prof Dr Yung-Chieh
Tsai



Dr Enkhee
Sodnomdorj



Prof Dr Chen Rong



Dr Anditha Namira
Rezky Sitompul



Prof Dr Sumbul
Sohail Swaleh



Dr He Thanh Nha
Yen



Prof Dr Manee
Rattanachaiyanont

Organising Committee



Strategic
Communications Director
Chan Li Jin



Honorary Secretary
Eelen Ong Bee Suat



Honorary Treasurer
Goh Boon Kok



IT Manager
Dr Shawn Peh



Secretariat
Pantai Hospital Cheras

Scientific Programme

25th July 2025 (Friday) - Tentative (Day 1)

Time	Taming Sari Grand Ballroom	Tun Sri Lanang
0730 - 0830	Registration and refreshments	
0830 - 0840	Opening Address & Welcome Video: Dr Ho Choon Moy, President of APMF and MMS	
0840 - 1020 (5 minutes per speaker)	<p><i>Opening presentations - Chairpersons: Prof Nik Hazlina Nik Hussain, Dr Ho Choon Moy</i></p> <p>Menopause Care across the Asia-Pacific: Challenges, Innovations, and Future Directions</p> <p>1.Highlight Challenges: Share the unique cultural, social, or healthcare system-related challenges in menopause care specific to their country.</p> <p>2.Showcase Innovations: Present local solutions, advancements, or programs addressing menopause care, including traditional practices or cutting-edge therapies.</p> <p>3.Look to the Future: Outline goals or priorities to improve menopause awareness, accessibility to care, or policies in their context.</p> <p>1.Prof Dr Sonia Davison, Australia and New Zealand 2.Prof SK Zinnat Nasreen, Bangladesh 3.Prof Dr. Yu Qi, China 4.Prof Sunila Khandalwal, India 5.Dr Anditha Namira Rezky Sitompul, Indonesia 6.Prof Masakazu Terauchi, Japan 7.Prof Enkhee Sobnomdorj, Mongolia 8.Prof Sumbul Sohail, Pakistan 9.Prof Zaida N Gamilla, Philippines 10.Prof Ang Seng Bin, Singapore 11.Prof Kyungjoo Hwang, South Korea 12.Dr Harsha Atapattu, Sri Lanka 13.Prof Yung-Chieh Tsai, Taiwan 14.Prof Unnop Jaisamaran, Thailand 15.Dr He Thanh Nha Yen, Vietnam 16.Dr Ho Choon Moy, Malaysia</p> <p>Official Launch of MenoDoc</p>	
1020 - 1030	Handover of the APMF Flag to Thailand	
1030 - 1100	Tea break	
1100 - 1130	<p>PLENARY #1 - Chairperson: Prof Nik Hazlina Nik Hussain</p> <p>Recognising and Managing Irregular Menstrual Bleeding during the Menopausal Transition</p> <p>Prof Steven Goldstein</p> <p>Chairman of the International Menopause Society's Council of Affiliated Menopause Societies (CAMS) Past President, International Menopause Society Past President, North American Menopause Society Past President, American Institute of Ultrasound in Medicine</p>	

Scientific Programme

25th July 2025 (Friday) - Tentative (Day 1)

Time	Taming Sari Grand Ballroom	Tun Sri Lanang
1130 – 1200	<p>LUNCH SYMPOSIUM #1 Moderator: Dr Premitha Damodaran (Malaysia) MHT use in Asia: where are we now? Panel Discussion.</p> <ul style="list-style-type: none"> • Prof Ang Seng Bin (Singapore) • Prof Mee-Ran Kim (South Korea) 	<p>SYMPOSIUM #9 (HOSTED BY SRI LANKA) Chairperson: Dr Harsha Atapattu</p> <p>Menopause and pelvic floor dysfunction- the overlooked epidemic</p> <p>The functional anatomy and maintenance of continence Dr Harsha Atapattu</p> <p>Menopause and pelvic floor dysfunction - pathophysiology Dr Janaki Karunasingha</p> <p>Global burden as an epidemic Prof Piyusha Atapattu</p> <p>Burden to the individual Dr Shiromalee Dissanayaka</p> <p>Prevention Dr Mangala Dissanayaka</p> <p>Management Dr Chinthaka Banagala</p>
1200 – 1230	<p>LUNCH SYMPOSIUM #2 Moderator: Dr Premitha Damodaran (Malaysia) Evolving Treatment Paradigms for Vasomotor Symptoms—Balancing HRT and Non-HRT Approaches Prof Sonia Davison</p>	
1230 – 1400	LUNCH BREAK and booth visit	
1400 – 1430	<p>PLENARY #2 - Chairperson: Professor Sonia Davison Polycystic Ovarian Syndrome and Menopause: Is It Double Trouble? Prof. Duru Shah Past President, Indian Menopause Society, India Past Chair, CAMS IMS</p>	
	<p>SYMPOSIUM #1 IMS (International Menopause Society) Co-chairs: Premitha Damodaran and Steven Goldstein</p>	
1430 – 1450	<p>Integrative therapies for sexual health. Prof Rosella Nappi President, IMS, Italy</p>	

Scientific Programme

25th July 2025 (Friday) - Tentative (Day 1)

Time	Taming Sari Grand Ballroom	Tun Sri Lanang
1450 – 1510	Menopause and MHT – Addressing the controversies Prof Nick Panay Immediate Past President, IMS, UK	
1510 – 1530	Lifestyle Management for Midlife Women Prof Ang Seng Bin President Elect, IMS, Singapore	
1530 – 1540	Q&A	
	SYMPOSIUM #2 Integrative Approaches to Midlife Women's Health Chairperson: Dr Chua Yang and Dr Neelam Aggarwal	SYMPOSIUM #10 (HOSTED BY THAILAND) Expanding Horizons in Menopause Care: Insights from Thailand Chairperson: Prof. Emerithus Khunying Kobchitt Limpaphayom Co-Chair: Prof. Manee Rattanachaiyanont
1540 – 1600	Optimising Menopause Care with Evidence-Based Botanical Strategies Dr Ho Choon Moy President, Asia-Pacific Menopause Federation President, Malaysian Menopause Society Co-Chair, Council of Affiliated Menopause Societies (CAMS)	1. Emerging Evidence of Sarcopenia in Midlife Women Assist. Prof. Orawin Vallibhakara 2. Surgical Menopause and Beyond Assist. Prof. Nalina Orprayoon
1600 – 1620	The Role of Vitamin D In Menopausal Women's Health Prof Enkhee Sodnomdorj President, Mongolian Menopause and Andropause Society	3. Thai Traditional Massage for Menopausal Health Assoc. Prof. Woraluk Somboonporn
1620 – 1640	Menorrhagia and iron therapy Prof Masakazu Terauchi Vice President, Japan Society for Menopause and Women's Health	4. Addressing Cardiometabolic Challenges in Midlife Assoc. Prof. Suchada Indhavivadhana
1640 – 1650	Q&A	Q&A
1650 – 1720	TEA BREAK and booth visit	
1730 – 1900	APMF Council Meeting for Country Representatives, followed by dinner	

Scientific Programme

26th July 2025 (Saturday) - Tentative (Day 2)

Time	Taming Sari Grand Ballroom	Tun Sri Lanang
0730 – 0800	Registration	
	SYMPOSIUM #3: Menopause Hormonal Therapy Chairperson: Dr Anditha Namira Rezky Sitompul	SYMPOSIUM #11 (HOSTED BY INDIA) Chairperson: Dr Atul Munshi
0800 – 0820	<i>Coping strategies for women in doubt with MHT</i> Prof Yu Qi President, Chinese Menopause Group, Chinese Society of OB/GYN and Chinese Medical Association	<i>1. Cognitive crossroads: Innovative strategies for menopause related cognitive decline.</i> Speaker: Dr Anita Shah Chairpersons: Dr Hara Pattanaik, Dr Jyoti Jaiswal
0820 – 0840	<i>APMF Consensus statement of the management of menopause</i> Dr Stella RS Sugianto Consultant, General Obstetrics and Gynaecology, KKH Dr Felicia Clara Jun Hui Tan Family Medicine Registrar, Singapore General Hospital	<i>2. From isolation to connection: Multidisciplinary solutions for menopausal women.</i> Speaker: Dr Neelam Aggarwal Chairpersons: Dr Jayant Shah, Dr Kiran Shah
0840 – 0900	<i>MHT and breast cancer risk: What's special in Asia?</i> Prof Chen Rong Group Leader-elect Menopause Group of CMA, China	<i>3. Panel discussion - Contemporary multidisciplinary management of menopausal women: Indian scenario.</i> Moderators: Dr Jignesh Shah & Dr Hephziba Kirubamani, Dr Maninder Expert: Dr Atul Munshi, Dr Maninder Ahuja Panellists: Dr Sudhaa Sharma, Dr Ragini Agrawal, Dr Bipasa Sen, Dr Annil Mahajan, Dr Nirja Chawla, Dr Yogesh Chawla, Dr Dilip Gadhavi
0900 – 0910	Q&A	Q&A
0910 – 0940	PLENARY #3 - Chairperson: Dr Chua Yang <i>Updated Global POI Guidelines</i> Prof Nick Panay Past President, International Menopause Society, UK	
0940 – 1010	PLENARY #4 - Chairperson: Dr Manee Rattanachaiyanont <i>Menopause in the Workplace</i> Prof Rosella Nappi President, International Menopause Society, Italy	
1010 – 1040	TEA BREAK	

Scientific Programme

26th July 2025 (Saturday) - Tentative (Day 2)

Time	Taming Sari Grand Ballroom	Tun Sri Lanang
	SYMPOSIUM #4 Chairpersons: Dr Ching Chou Tsai	SYMPOSIUM #12 (HOSTED BY CHINA) Chairperson: Prof Yu QI
1040 – 1100	<i>Beyond Hot Flashes—The Broader Impact of VMS on Women's Health and Quality of Life</i> Dr Sylvia Rosevear President, Australasian Menopause Society	<i>The mechanism and clinical application of Nilestrol, a special MHT solution from China</i> Prof Yu QI
1100 – 1120	<i>Vitamin D: Powering Women Through Every Age and Stage</i> Dr Premitha Damodaran President, College of Obstetrics and Gynaecology, Academy of Medicine, Malaysia	<i>The evolution of the concept of menopause in China</i> Prof Rong CHEN
1120 – 1140	<i>Evaluating Tibolone for HRT in Women with Benign Gynaecological Disorders and Osteoporosis Risk</i> Prof Yung-Chieh Tsai Past President, Taiwan Menopause Society	<i>Climacteric in Traditional Chinese Medicine</i> Prof Yun CHEN
1140 – 1150	Q&A	<i>Clinical trials of new MHT formulations in China</i> Prof Mulan REN
1150 – 1220	LUNCH SYMPOSIUM #3 Chairperson: Prof Yung-Chieh Tsai <i>Tibolone: Redefining Hormonal Therapy – Setting the record on risk and safety</i> Prof Sonia Davison Past President, Australasian Menopause Society	SYMPOSIUM #13 (HOSTED BY BANGLADESH) Chairpersons: Prof Iffat Ara, Prof Saria, Prof Nusrat, Prof Zinnat Keynote Speaker Brig Gen Dr Suraiya Rahman
1220 – 1250	LUNCH SYMPOSIUM #4 Chairperson: Prof Masakazu Terauchi <i>Non-Hormonal Management of Menopause</i> Prof Ang Seng Bin KK Women's and Children's Hospital, Singapore President-Elect, International Menopause Society	Faculties Prof Hasina Prof Shereen Prof Kamrunnessa Prof Fawzia Prof Fatema Prof Kaniz Prof Shahti Prof Dipi Barua Q&A Panel discussion Mala Banic Zakia Monowara Kamrunnahahr Shahidapa Setara Kasem Nurunnahar

Scientific Programme

26th July 2025 (Saturday) - Tentative (Day 2)

Time	Taming Sari Grand Ballroom	Tun Sri Lanang
1250 – 1400	LUNCH BREAK	
1400 -1430	PLENARY #5 - Chairperson: Dr Ho Choon Moy <i>Mental Health in Midlife Women</i> Dr Jason Ng Chet Sing Psychiatrist, United Kingdom	
	SYMPOSIUM #5 Genitourinary Syndrome of Menopause Chairperson: Prof Sumbul Sohail	SYMPOSIUM #14 (HOSTED BY SINGAPORE) Chairperson: Assoc Prof Dr Rukshini Puvanendran
1430 – 1450	<i>Unspoken Realities: Addressing Sexual Health Challenges Among Elderly Men in the Asia-Pacific Region</i> Prof Dr Shaiful Bahari Senior Professor of Family Medicine Director of USM Health Campus	<i>Menopause Hormone Therapy: An insight into knowledge and attitudes of physicians in Singapore.</i> Dr Farah Safdar Hussain,
1450 – 1510	<i>Addressing vaginal dryness and dyspareunia</i> Dr Ho Choon Moy President, Asia-Pacific Menopause Federation President, Malaysian Menopause Society Co-Chair, Council of Affiliated Menopause Societies (CAMS)	<i>1.Menopausal Arthralgia: "It's real. It's devastating. It needs a solution"</i> <i>2.Measuring muscle mass and performance with a drop of blood: The Creatine/Cystatin-C assay</i> Prof Yong Eu Leong <i>Managing Dyspareunia in the Midlife Woman</i> Dr Jean-Jasmine
1510 – 1530	<i>New Solution for Menopausal Women: Supporting Hormonal Balance and Well-being</i> Prof Nik Hazlina Nik Hussain Vice-President, Malaysian Menopause Society	
1530 – 1540	Q&A	Q&A
	SYMPOSIUM #6 Cardiometabolic Health Chairperson: Dr Harsha Atapattu	SYMPOSIUM #15 (HOSTED BY TAIWAN) Prof Dr Yung-Chieh Tsai

Scientific Programme

26th July 2025 (Saturday) - Tentative (Day 2)

Time	Taming Sari Grand Ballroom	Tun Sri Lanang
1540 – 1600	Cardiovascular Health in Midlife Women: Strategies for Prevention Prof SK Zinnat Nasreen, Secretary General, Bangladesh Menopause Society	Exploring the Interplay Between Menopause and Cardiometabolic Risk Factors in SLD/MASLD Incidence Prof. I-Jung Feng
1600 – 1620	Weight Management in Midlife Women Prof MA. Corozon Zaida N. Gamilla Past President, Philippines Society of Climacteric Medicine	Non-hormone Management of GSM Prof. Cheng-Yu Long
1620 – 1640	Osteoporosis Prevention and Management Professor Unnop Jaisamrarn President Elect, Asia Pacific Menopause Federation President, Thai Menopause Society, Thailand	Menopausal Empowerment in Taiwan Prof. Fung-Wei Chang
1640 – 1650	Q&A	Update of Bio-identical Hormones Dr. Yin-Wah Thong
1650 – 1730	TEA BREAK	
1900 – 2200	APMF Dinner: Honouring the Past Presidents of APMF and Invitation to APMF Thailand 2027 (For speakers and international delegates)	

Scientific Programme

27th July 2025 (Sunday) - Tentative (Day 3)

Time	Taming Sari Grand Ballroom	Tun Sri Lanang
0800 – 0830	Registration	
0830 – 0840	Closing Day Address Prof Nik Hazlina Nik Hussain Co-Chair Scientific Committee APMF 2025, Malaysia	
	SYMPOSIUM #7: Reproductive and Preventive Health Chairperson: Dr Jignesh Shah	SYMPOSIUM #16 (HOSTED BY INDONESIA) Chairperson: Dr. Edy Ardiasyah
0840 – 0900	Intersection of Contraception and Menopause: Perimenopause Contraceptive Needs Prof Jamiyah Hassan Past President, O&G Society Malaysia	Pros and Cons of Menopause Hormone Therapy Prof Muhammad Fidel Ganis Siregar
0900 – 0920	The Management of Menopause in Women with a History of Endometriosis Prof Yung-Chieh Tsai Past President, Taiwan Menopause Society, Taiwan	Exploring mental health challenges and solutions in perimenopause Prof. Elmeida Effendi
0920 – 0940	Optimising Immunisation Strategies for Midlife Women and Beyond Prof Kim Mee-Ran Past President, Korean Menopause Society, South Korea	Role of Phaleria macrocarpa Flavonoids to Menopausal Parameter, From insilico to invivo Dr Sutrisno, Recovery Dwi Wulandari
0940 – 0950	Q&A	Q&A
0950 – 1020	PLENARY #6 - Chairperson: Prof Hye Jin Chang Revolutionising Menopause Care with Artificial Intelligence Prof Dr Ang Seng Bin President Elect, International Menopause Society	
1020 – 1050	TEA BREAK	

Scientific Programme

27th July 2025 (Sunday) - Tentative (Day 3)

Time	Taming Sari Grand Ballroom	Tun Sri Lanang
	SYMPOSIUM # 8: Menopause: The Present Landscape and Future Frontiers Chairperson: Prof Kyungjoo Hwang	SYMPOSIUM #17 (HOSTED BY PAKISTAN) Asian Women - Cultural & Health Perspectives
1050 – 1110	Precision Menopause Medicine: Personalizing Care with Genomics and Biomarkers Dr Sylvia Rosevear President Australasian Menopause Society (AMS)	Obesity And Its Relationship to Breast Cancer Among Pakistani Women Prof. Sumbul Sohail
1110 – 1130	Setting Up an Optimal Menopause Clinic: Best Practices & Key Considerations Prof Sunila Khandelwal Past President Indian Menopause Society	Chronic Diseases in South Asian Women and their Health Care Seeking Behaviors Prof. Batool Mazhar
1130 – 1150	The Future of Menopause Management (TBC) Professor M. Fidel Ganis Siregar Immediate Past President, APMF	Significance Of Thyroid Function Screening in Peri and Post Menopausal Women Prof. Farrukh Baqai
1150 – 1200	Q&A	Overview of menopausal symptoms using menopause rating scale at a tertiary care hospital in Karachi. Dr. Ayesha Yaqoob
		Attitude of Pakistani women towards Menopause Hormonal Therapy. Dr. Hadia Riaz
		Q&A

Scientific Programme

27th July 2025 (Sunday) - Tentative (Day 3)

Time	Taming Sari Grand Ballroom	Tun Sri Lanang
1200 – 1240	LUNCH SYMPOSIUM #5 Chairperson: Dr Ho Choon Moy <i>Non-Hormonal Genital Therapy : A Balance Between Vaginal Health and Social Health</i> Dra. Zuramis Estrada Blanco Talk, video launch and Q&A President of ISGAR Society, Spain	
1240 – 1300	LUNCH SYMPOSIUM #6 <i>AI Am for Women's Health: A Smarter, Healthier Future</i> Dr Quek Yek Song Founder and Director, Moirai Tech (Malaysia & Singapore)	
1300 – 1400	LUNCH BREAK	
1400 – 1500	<i>Debate: Should Hormone Therapy Be Discontinued at 65 or Continued Indefinitely?</i> Chairperson: Prof Nick Panay Prof Sonia Davison vs Prof Yu Qi	
1500 – 1700	PRESENTATIONS: TOP 8 ORAL COMMUNICATION Chairperson: Prof Jamiyah Hassan Judges: Prof Unnop Jaisamaran, Thailand Prof Masakazu Terauchi, Japan Each presenter will have 12 minutes for the presentation followed by 3 minutes for Q&A. All accepted abstracts will be displayed on E-Signage throughout the three-day conference. The names of the Top 8 finalists will be announced on the morning of Friday, 25th July 2025.	
1700 – 1715	BEST POSTER PRESENTATION AWARDS Chairperson: Prof Nik Hazlina, Malaysia Judges: Professor Nick Panay, United Kingdom Professor Mee-Ran Kim, South Korea All accepted posters will be on display on poster boards throughout the conference. BEST ORAL COMMUNICATION AWARDS Chairperson: Prof Jamiyah Hassan, Malaysia	
1715 – 1745	Closing and TEA BREAK See you in Thailand in 2027!	

Registration (Early bird offers)

Category	Till 31st Dec 2024	1st Jan to 30th Jun 2025	From 1st July 2025
Specialists / Consultants	RM 450	RM 550	RM 600
General Practitioners / Medical Officers	RM 350	RM 450	RM 500
Pharmacists / Nurses / Students / Allied Health Professionals	RM 300	RM 400	RM 450
International Participants	USD 100	USD 200	USD 250

**Malaysian doctors, pharmacists, and nurses will be awarded 20 CPD points to fulfil their annual requirement.*

Registration (Early bird offers)

How to register

Step 1:

Visit our webpage and browse to registration tab at:
<https://apmf2025malaysia.org.my/>

Step 2:

Follow on-screen instructions to complete your personal details.
Payment can be made on the website using credit/debit card.

Step 3:

Once the payment is successful, you will receive a confirmation email within 48 hours via the registered email address.

Who should attend

- Obstetricians and gynaecologists
- O & G postgraduate trainees and medical officers
- Family medicine specialists
- General practitioners
- Pharmacists/nurses/paramedic
- Medical undergraduate students

**Malaysian doctors will be awarded 20 CPD points to fulfil their annual requirement.*

Call For Abstracts

<https://apmf2025malaysia.org.my/abstracts/>

APMF 2025 invites submissions of original work to be presented as an oral communication or poster presentation during the event.

Submission open: 1 Jan 2025 – 30 May 2025

Date of announcement of abstracts acceptance: Within two weeks of abstract submission

Prizes will be awarded to the best oral communication and poster presentations.

Guidelines:

- The research must be the original work of the author(s).
- The first name listed on the abstract must be the submitting author. The number of submissions per author is not limited.
- Original research and case reports on menopause and women's health are welcome.
- The abstract must not have been presented or published elsewhere.
- Abstracts must be written in clear English, using Times New Roman font size 12, and limited to no more than 350 words.
- Abstracts must be structured as follows:
 - For research articles: Aim, Materials and Methods, Results, Conclusion, and Clinical Significance.
 - For case reports: Introduction, Case Presentation, Discussion, and Conclusion.
- Accepted abstracts and the format for posters will be communicated to the authors.
- Once the abstract is accepted, the authors are eligible for free registration and will be given voucher codes to register accordingly.

Chairperson for Poster Presentation: Prof. Dr. Nik Hazlina Nik Hussain

Chairperson for Oral Communication: Prof. Dr. Jamiyah Hassan

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